

Join us on the
2nd Wednesday
each month from
7:00-8:30 pm
Cost: \$15

Held at:

Into The Light

8049 Greenback Lane

Citrus Heights, CA

(916) 723-9984



“Rhythm Spirit” Drum Circle

Join our Circle to Build Community!



Circle facilitator:

Sue Anne Bennett

a high-spirited leader with a
captivating presence who
facilitates human spirit in drum
circles and rhythm-based events

Call Sue Anne at

390-2118 to RSVP and

for more details!

SueAnne@EveryoneInRhythm.com

www.EveryoneInRhythm.com

**Through Drumming and Rhythm,
Discover How To:**

Reduce stress and renew zest!

Feel the power of the drum

Enjoy playing rhythms with others

Create a sense of community

**Find new ways to express yourself
and relate to others**

Bring your own drum or use ours.

No prior musical experience needed

Explore...
Experience...
Express...

**Drumming
Dancing
Singing
Fun!!!**

**Come join this monthly
gathering of those who
intend to walk their true
spiritual path in life and
want to build community
with others who hold the
same intention.**